

DIETARY SUPPLEMENT

# TROSYD<sup>®</sup> ACTIVE NAIL CHANGES

NUTRITIONAL SUPPORT THAT CONTRIBUTES TO HEALTHY NAILS IN CASE OF CHANGES CAUSED BY:

- BACTERIAL OR FUNGAL INFECTIOUS FORMS
- TRAUMA, DYSTROPHY
- INFLAMMATION, INCLUDING PSORIATIC ONYCHODYSTROPHY

The nail undergoes changes for a variety of causes: bacterial and fungal infections, trauma, dystrophy, and inflammation, including psoriasis. Typical alterations can be, for example, nail flaking, change in colour, loss of shine, rough and irregular surface, etc. Damage to the nail structure can affect not only its growth, shape and size, but also predispose the nail to infection and inflammation. Several factors may account for these changes. One of the main factors is oxidative stress, which makes the nail more susceptible to external aggressions. In all these cases, it is possible to resort to topical treatments to be applied directly on the nail, but it can also be very useful to use specific dietary supplements, especially if taken consistently and for a prolonged period of time, in order to provide nutritional support targeting factors that led to nail changes.

## WHAT IT IS

Trosyd<sup>®</sup> Active is a nutritional support whose ingredients contribute to nourishing nails from the inside-out in the event of changes to the nail plate. The formula contains Zinc and Cocoa, which are useful to protect cells from oxidative stress, and Vitamin D3, which contributes to the normal functions of the immune system. In addition, Selenium and Spilanthes acmella extract contribute to keeping nails nourished and healthy.

Gluten- and lactose-free.

Suitable for a vegetarian lifestyle.

## WHEN TO USE IT

Trosyd<sup>®</sup> Active is suitable as support to the immune defences and against oxidative stress that can expose the nails to a variety of "internal" (e.g., inflammation, such as psoriatic onychodystrophy) and "external" (e.g., infectious due to fungi or bacteria, trauma) responses.

It can be safely administered from 3 years of age.

## INGREDIENTS

Maltodextrin, Aromas, Spilanthes acmella (L.) L. aerial parts with flowers dry extract, L-valine, Cocoa (Theobroma cacao L.) seeds dry extract, L-ornithine hydrochloride, Selenium-enriched yeast, Zinc bisglycinate, Sweeteners: Acesulfame K, Sucralose, Sodium cyclamate; Anti-caking agent: Silicon dioxide; Bulking agents: Hydroxy-propyl-methylcellulose, Gum arabic; Sugar, Corn starch, Medium-chain triglycerides, Cholecalciferol (Vitamin D).

## NUTRITIONAL INFORMATION

| Nutritional factors   | Per sachet | NRV %* |
|---|------------|--------|
| Spilanthes acmella (L.) L. aerial parts with flowers dry extract, | 360 mg     | -      |
| L-Valine  | 75 mg      | -      |
| Cocoa (Theobroma cacao L.) seeds dry extract                      | 70 mg      | -      |
| L-ornithine   | 50 mg      | -      |
| Zinc  | 7,5 mg     | 75 %   |
| Selenium  | 60 µg      | 109 %  |
| Vitamin D   | 15 µg      | 300 %  |

\*Reference Nutritional Values

## HOW TO USE

Take one sachet a day after your main meal. Pour the sachet contents into a glass, add about 100-150 ml of water (about one glass) at room temperature or lukewarm, and mix until the powder is completely dissolved.

We recommend taking the product continuously for 3 months. In the event of recurring nail problems and with the aim of obtaining optimal results, we recommend completing several cycles of the same duration, with a 3-month break in between (figure below).



## WARNINGS

Do not exceed the recommended daily dose. Supplements are not intended as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of the reach of children under 3 years of age.

## STORAGE INSTRUCTIONS

Store in a cool, dry place, away from light, humidity and direct heat sources.

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**PAP 22**  
Instruction Leaflet  
Paper

Sorted collection.

Check the provisions of your municipality

**GIULIANI**